

2010

“Southern California/Nevada” Team Time Trial Championships

May 29, 2009

Lake Los Angeles, California

7:30am

Held under USCF Permit 2010-1559

USCF CHAMPIONSHIP CATEGORIES

2-Men: Open, 70+, 90+, 110+; **2-Women:** Open

4-Men: Open, 140+, 180+, 220+

4-Women: Open, 140+, 180+, 220+

4-Men/Women MIXED: Open (2 men, 2 women)

Open: No age restrictions. Other categories: Total combined ages of riders.

Championships will only be awarded to those riders who reside in the SCNCA territory (defined as Zip Codes 89000 - 89299 in NV and 90000 - 93599 in CA) but open to anyone to compete.

Per USAC rules, here are the requirements to enter any SCNCA Championship event: 1) You must have an annual USAC license. You cannot enter with a one-day license, a foreign license, or with a CBR license. 2) You must be a USA Citizen or a Permanent Resident. If your license has an "N" for Citizen, you will be not be able to register for the race. 3) Riders who meet the entry requirements, but live outside the SCNCA territory, can compete but are not eligible for any title, medal, or jersey. The three top spots are reserved for the first three SCNCA riders.

*****REGISTRATION INFORMATION*****

Registration Fee is \$65.00 per 2-person team. Registration Fee is \$120.00 per 4-man team. Register Online at www.socalreg.com. Team Captain must register the entire team, AND you must include all team member's names and USCF License Numbers. Fee includes USCF insurance surcharge. **NO REFUNDS OR CREDITS.** For More Information Call Marty Brown at 714-282-8305 or visit our website at <http://www.scnatchchampionships.com/> or www.teamvelosport.com. ENTRY DEADLINE: Midnight, Wednesday, May 26th

*****PRIZES*****

Medals will be awarded for First, Second and Third Places in each Category. First Place Winners will be authorized to purchase SCNCA USCF Time Trial Championship Jersey from Voler. Additionally, this event will count points toward the SOCAL Cup Standings with a 3.0 multiplier. (FYI...Crits are 1.0, Road Races are 2.0, so State Championships are really weighted high to get more riders out.)

RULES, CHECK-IN AND COURSE

RULES: All USCF rules apply. Helmets are mandatory and shirts must cover shoulders. No farings or fixed gears allowed. First rider starts at 7:30am. Teams will depart at 1:00-minute intervals. Start times will be posted on Thursday, May 27th at <http://www.scnatchchampionships.com/> and www.teamvelosport.com. Check-in, sign release and pick up race numbers at start of race, minimum 1 hour prior to your start time. All team members must check-in to sign release form. Teams must be at the starting line staging area 3 minutes before your scheduled start time.

COURSE: 23.5 miles starting on Avenue O in front of the Vista San Gabriel Elementary School (Intersection of 180th St. E). Riders will travel East on Avenue O for 6 miles, take a right turn on 240th St. E for 2.75 miles, right turn on Palmdale Ave for 6 miles, right turn on 180th St. E for 2.75 miles, right turn on Avenue O for 6 miles to the Finish Line. Terrain consists of a 2% incline at mile 5 and 22.5, and another very short 2-3% incline at about mile 10. 450 feet is the total elevation gain, but you hardly notice it. Road surface is good to excellent. Course is 12 miles downwind, 5.5 miles crosswind and 6 miles headwind (if it's blowing in the morning). It's a fast and great "ride around the block!"

DIRECTIONS TO Lake Los Angeles

From LA: take the I-5 N to 14 North, exit at Pearblossom Hwy, bear right onto Hwy 138, Left on 165th St. E (turns into 170th St E), Right on Avenue O. From Orange County, Riverside, San Bernardino and San Diego: take the I-215/15 N, exit Hwy 138 to Palmdale, right on 165th St. E (turns into 170th St E), Right on Avenue O. Starting Line is in front of the Vista San Gabriel Elementary School at the intersection of Avenue O and 180th St. E.

Sponsored by: Rotor Cranks, [Team Velosport](#), [Rock N' Road Cyclery](#) and [A V High Desert Cyclists](#)
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